

Historic Cornwall with English Heritage:

Day 1:

Explore the dramatic scenery at Land's End. En route to or from Land's End:

Chysauster Ancient Village

Newmill

Penzance

Cornwall TR20 8XA

Tel: 07831 757934

The original inhabitants of this ancient Celtic settlement occupied the site almost 2000 years ago. Today you can still see the remarkable hallmarks of a people lost in time. Discover the cluster of unique stone homesteads known as 'courtyard houses' which are only found on the Land's End peninsula and the Isles of Scilly.

Entry price per person: £2.40

Day 2:

Day-trip to Falmouth and **Pendennis Castle:**

Falmouth

Cornwall TR11 4LP

Tel: 01326 316594

Fax: 01326 319911

Journey through 450 years of history at Pendennis from Tudor times to World War II. Experience sights and sounds of battle on the Tudor gun deck. Trace the Royalist Civil War siege defences, see garrison life of the 20th century recreated, enter the World War I guardhouse and tour the underground wartime defences, thrill to the alert of enemy attack in the World War II Observation Post.

Entry price per person: £4.80

Then travel by foot-ferry from Falmouth to:

St Mawes Castle

St Mawes

Cornwall TR2 3AA

Tel: 01326 270526

Wonderful location alongside the pretty fishing village of St Mawes, this castle is Henry VIII's most picturesque and most perfectly-preserved fort. Facing Pendennis over the River Fal, the castle commands magnificent views, which you can best appreciate from the mighty battlements.

Entry price per person: £3.60

Day 3:

Morning visit to **Tintagel Castle:**

Tintagel

Cornwall PL34 0HE

Tel/Fax: 01840 770328

Overlooking the wild Cornish coast, Tintagel is one of the most spectacular spots in the country associated with King Arthur and Merlin. Recent excavations revealed Dark Age connections between Spain and Cornwall,

alongside the discovery of 'Arthnou' stone suggesting that this was a royal palace for the 'Dark Age' rulers of Cornwall.

Please note that access to the castle is via at least 100 steps.

Entry price per person: £4.30

Enjoy lunch in charming Tintagel before continuing to:

Launceston Castle (English Heritage)

Castle Lodge

Launceston

Cornwall PL15 7DR

Tel: 01566 772365

From the motte of this Norman castle, you'll enjoy the most fantastic views. Commanding the town and surrounding countryside, this castle controlled the route into Cornwall. An introductory exhibition sets the scene as you step back in history.

Entry price per person: £2.30

Day 4:

Day-trip to the lovely Torquay area starting with:

Dartmouth Castle

Castle Road

Dartmouth

Devon TQ6 0JN

Tel: 01803 833588

Fax: 01803 834445

For 600 years Dartmouth castle has stood in a superb waterfront setting as the guardian of the Dart estuary. One of the most advanced fortresses of its day, the castle was ideally positioned to protect the homes and warehouses of Dartmouth's wealthy medieval merchants.

Entry price per person: £3.70

Then sail by the River Dart Link north to Totnes and visit:

Totnes Castle (English Heritage)

Totnes

Devon TQ9 5NU

Tel/Fax: 01803 864406

One of the best surviving examples of a Norman motte and bailey castle with spectacular views. The once great ditch that surrounded the keep is today filled with the cottages and gardens of the town.

Entry price per person: £2.40

Enjoy lunch in Torquay and spend the rest of the afternoon relaxing in town.